

OASIS ACADEMY HENDERSON AVENUE

www.oasishendersonavenue.org

Tel: 01724 842518

Newsletter Friday 3rd February 2017

GET GOING

Get Going is a free programme in North Lincolnshire for young people of an 'unhealthy' weight aged from 4-16 years old. It aims to motivate young people and their families to lead a healthier lifestyle through individual appointments and weekly group activity sessions, and so reduce the risks of adult obesity, cardiovascular disease and diabetes as the young people get older. **Get Going 4-6** is focused on active play, food tasting, healthy eating and fun games with the young person attending a weekly **Get Going** fun club. All young people are invited to free holiday camps run by the get going team during each school holiday. **Get Going 7-11** is based on fun activities, games and healthy eating with the young person attending a weekly **Get Going** club and also invited to free holiday camps run by the get going team during school holidays.

All young people will also be provided with a **Get Going** Leisure Card where they will be able to access leisure activities for free over the 10-week period including swimming, badminton and junior gym.

Key points:

- A **free** 10-week programme for young people of an unhealthy weight aged between 7-16 years old. A **free** 8-week programme for young people aged between 4-6 years old.
- 1-to-1 family appointments with the focus on physical activity, nutrition and behaviour change
- Personalised physical activity and nutrition plans
- Weekly activity club (4-6 and 7-11 year olds)
- Appointments delivered local to every young person or family involved
- Young people and families can start the programme as soon as they are ready
- Young people are invited to holiday camps outside of school terms
- **Get Going** Leisure Card (10-weeks free use).

If you are interested in the **Get Going** referral scheme, please collect a form from the school office and return to Mr Farman via the school office

ATTENDANCE

Class attendance for w/c 23rd January 2017:

F2A	97.3	3R	98.7
F2BT	93.3	4C	96.2
F2D	87.6	4DS	97.0
1A	96.6	4G	95.7
1B	95.0	5C	97.3
1D	96.8	5F	95.0
2AJ	94.8	5N	97.5
2C	96.6	6DW	98.0
2T	95.0	6M	98.0
3G	97.3	6S	93.7
3P	97.0	TOTAL	95.9

Well done to 3R on achieving 98.7% this week!

A BIG THANK-YOU!

We would like to thank Gala Bingo for their very kind donation of £30.00 towards the Year 4 PGL trip.

NEWSLETTER DISTRIBUTION

If you would like to receive the newsletter by email rather than a paper copy, please provide the academy office with your email address so that we can add it to your child's records. We are trying to cut down on the number of paper copies we send out each week so this saving can be used to buy additional resources for teaching and learning.

CALPOL

We would like to remind you that Calpol provided by the school will only be given to children in an emergency as a one off. We will however, administer Calpol if it is given as part of a prescription and is to be taken four times a day.

BICYCLES AND SCOOTERS IN SCHOOL

If your child comes to school on a bicycle or scooter, could you please remind them that they should not ride them on the school premises; there have been several occasions when parents and children have nearly been knocked over.

